

## ST. GREGORY'S EPISCOPAL CHURCH

radiates God's grace, equipping all people to change the world.





The Fifth Sunday after Pentecost June 23, 2024 | 9:30am

www.StGsChurch.org

# Welcome to St. Gregory's

We are truly thankful for your presence.

#### We're Here to Help

If you need anything, please ask the Greeter who handed you this bulletin.

#### **Children & Parents**

We are glad you are here.

On the left-hand side of the Altar is our **Children's Pray-ground**, a space made especially for kids, stocked with toys, books, and art supplies.

We expect kids will make noise. Don't sweat it. However, if your child — or you — need a break in a more quiet space, we have a **Cry Room** downstairs with a changing table.

#### **Praying with Us**

We encourage you to participate fully in our service, as you are comfortable. We invite you to read aloud the **bold text**. Wherever you see (+), you are invited to cross yourself. Other actions are indicated during the service, but none of them is required.

## The Rev. Dan Puchalla Priest-in-Charge

dan@stgregoryschurch.org

### The Rev. Max Smith Deacon

max@stgregoryschurch.org

#### Kathryn Kinjo Duncan Music & Engagement Minister kathryn@stgregoryschurch.org

Anita Tasher Accounting Minister anita@stgregoryschurch.org

#### **Vocalists**

Viki Rill, Kathryn Kinjo Duncan, Cameo Humes, Keanon Kyles

#### Casey Kremer Communications Director sexton@stgregoryschurch.org

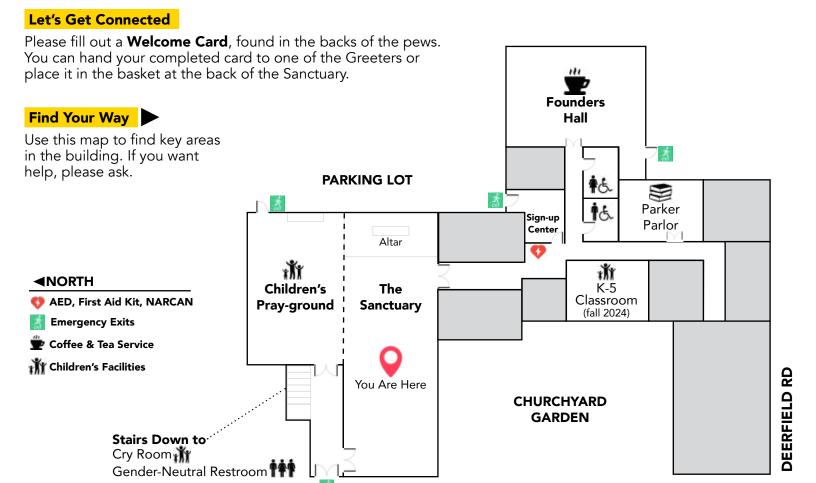
#### Wardens

Jim Millspaugh, Sarah Kettlewell

#### Vestry

Jon Dutcher, Val Seilheimer, Rafael Orsi, Steve Truckenbrod, Cissy Singleton, LoriLee Bielski

**WILMOT RD** 



June 23, 2024

#### THE WORD OF GOD

When the bells ring, the people stand as they are able.

#### **OPENING ACCLAMATION**

Blessed be God: (+) Father, Son, and Holy Spirit.

And blessed be God's kingdom, now and for ever. Amen.

#### **PROCESSIONAL**





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During the season after Pentecost, the collects cover the wide variety of human longing and responsibilities of the church and humanity.

#### THE COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Keep, O Lord, your household the Church in your steadfast faith and love, that through your grace we may proclaim your truth with boldness, and minister your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.** 

The people sit.

We follow a three-year cycle of readings called a Lectionary. These are lessons being heard in congregations from many denominations throughout the world on this day.

FIRST READING JOB 38:1-11

The Lord answered Job out of the whirlwind:

"Who is this that darkens counsel by words without knowledge?

Gird up your loins like a man, I will question you, and you shall declare to me.

"Where were you when I laid the foundation of the earth?

Tell me, if you have understanding.

Who determined its measurements—surely you know!

Or who stretched the line upon it?

On what were its bases sunk, or who laid its cornerstone

when the morning stars sang together and all the heavenly beings shouted for joy?

"Or who shut in the sea with doors when it burst out from the womb?—

when I made the clouds its garment, and thick darkness its swaddling band,

and prescribed bounds for it, and set bars and doors,

and said, 'Thus far shall you come, and no farther,

and here shall your proud waves be stopped'?"

The Word of the Lord.

Thanks be to God.

The Psalm is a hymn or poem. The psalms cover the whole range of the relationship between God and God's people. The Book of Psalms, while a "book" of the Bible, consists of 150 hymns intended to be sung.

#### **PSALM 107**

- 1 Give thanks to the Lord, who is good, whose mercy endures for ever.
- 2 Let all those whom the Lord has redeemed proclaim that the Lord redeemed them from the hand of the foe.
- 3 God gathered them out of the lands; from the east and from the west, from the north and from the south.
- 23 Some went down to the sea in ships and plied their trade in deep waters;
- 24 They beheld the works of the Lord whose wonders are in the deep.
- 25 Then the Lord spoke, and a stormy wind arose, which tossed high the waves of the sea.
- 26 They mounted up to the heavens and fell back to the depths; their hearts melted because of their peril.



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## 27 They reeled and staggered like drunkards and were at their wits' end.

- 28 Then in their trouble they cried to the Lord, who delivered them from their distress.
- 29 God stilled the storm to a whisper and quieted the waves of the sea.
- 30 Then were they glad because of the calm, and God brought them to the harbor they were bound for.
- 31 Let them give thanks for the mercy of God, for the wonders the Lord does for all people.
- 32 Let them exalt the Lord in the congregation of the people and praise God in the council of the elders.

The people stand, as they are able. Children are invited to join the procession in the aisle for the reading of the Gospel.

#### **SEQUENCE HYMN**



During the Holy
Eucharist, there is
always a reading from
a Gospel. We stand to
indicate the importance
we place on Jesus'
words and actions.
The deacon or priest
proclaims the Gospel in
the midst of the people
to represent the Good
News that Jesus has
come among us, and
we all turn toward it.

THE GOSPEL MARK 4:35-41

The Holy Gospel of our Lord Jesus Christ, according to Mark. (+++) Glory to you, Lord Christ.

When evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

The Gospel of the Lord.

Praise to you, Lord Christ.

The people sit.



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The homily is meant to help us make the Word of God a living and transforming reality of our lives today.

In the Nicene Creed, we respond to the

proclamation of God's

Word by affirming the

Church. We "believe"

heart into") because

we offer our trust in

creating, redeeming,

world. "We" believe

because the church

as a whole, the Body of Christ, carries and

strengthens the faith of

note that when it is not

"catholic" is defined as universal or inclusive.

each individual. Also

capitalized, the word

and remaining with the

the story of God's

(from the Latin credere, literally "to put one's

historic faith of the

#### HOMILY

The Rev. Max Smith, Deacon

#### NICENE CREED

The people stand, as they are able.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven:

was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. who with the Father and the Son is worshiped and glorified, who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the (+) dead, and the life of the world to come. Amen.

The Prayers of the People are always responsive, because everyone gives voice to the supplications. We include prayers for others throughout the world, in our diocese, and those connected to our congregation. This is the part of the liturgy where it is most evident that we would be noticeably less without the contributions of each person present. We voice prayers from our parish prayer list, as well as requests from the onsite and online

worshippers.

#### PRAYERS OF THE PEOPLE, CONFESSION, AND ABSOLUTION

The people stand, as they are able.

Come, Holy Spirit, and open our eyes to see your glory shining from the sky above, from the earth below, and from every creature. We offer prayers of joy and gratitude.

We pray to the Spirit: Come, and make us new.

Come, Divine Breath, and fill us with life even when we are afflicted in mind, body, spirit, and conscience. We offer prayers of intercession.

We pray to the Spirit: Come, and give us life.

Come, Fiery Dove, and guide us boldly through death itself to eternal life. We offer prayers for the dead.

We pray to the Spirit: Come, and raise us up.

Come, Wisdom and Compassion, and give us courage to confess our failings and to walk in your ways of justice, love, and truth.

Have mercy upon us, most merciful God; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us, O Holy Spirit, that we may live and serve you in newness of life,

to the honor and glory of your Name; through Jesus Christ our Lord. Amen.



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#### The Presider offers the absolution.

Almighty God grant us (+) forgiveness of our sins and strength to work and to pray for all people according to their need, that we, burning with the Spirit's endless fire, may radiate Christ's unquenchable grace, to the ends of the earth and the end of the age. **Amen.** 

#### **COLLECT FOR JUNETEENTH**

Almighty God, you rescued your people from slavery in Egypt, and throughout the ages you have never failed to hear the cries of the captives; We remember before you our sisters and brothers in Galveston, Texas who received the glad tidings of their emancipation; Forgive us for the many grave sins that delayed that liberating word; Anoint us with your Spirit to bring good news to the poor, to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim the year of your favor; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.** 

The Peace has been exchanged at the Eucharist since the time of the first Christians. It is a profound act to offer the miraculous peace of God to one another before we join in communion with God and each other.

#### THE PEACE

The peace of the Lord be always with you.

And also with you.

The congregation greets each other in the peace of Christ.

The people sit.

PRAYERS FOR BIRTHDAYS, ANNIVERSARIES, AND TRAVELS

#### **SPECIAL BLESSING FOR GRADUATES**

The Offertory is when we bring our gifts of bread, wine, money, and our very selves to present to the Lord as our initial act of thanksgiving. This collection is a visible reminder that our whole lives are God's, and a part of what God has given us we give back in thanksgiving for all that we have and all that we are. You can use this QR code to give to StGs online.



#### OFFERTORY ANTHEM

"Master the Tempest is Raging" text by Mary Ann Baker

Master, the tempest is raging, the billows are tossing high.

The sky is o'ershadowed with blackness, no shelter or help is nigh.

Carest thou not that we perish? How canst thou lie asleep?

When each moment so madly is threat'ning a grave in the angry deep?

Master, with anguish of spirit I bow in my grief today.

The depths of my sad heart are troubled, oh waken and save, I pray.

Torrents of sin and of anguish sweep o'er my sinking soul,

And I perish, I perish, dear Master, oh hasten and take control!

The winds and the waves shall obey thy will: peace, be still.

Whether the wrath of the storm-tossed sea, or demons or men or whatever it be,

No waters can swallow the ship where lies the Master of ocean and earth and skies!

They all shall sweetly obey thy will: peace, be still.

Master, the terror is over, the elements sweetly rest.

Earth's sun in the calm lake is mirrored, and heaven's within my breast.

Linger, oh blessed Redeemer, leave me alone no more!

And with joy I shall make the blest harbor, and rest on the blissful shore.

The Eucharist, or Communion, is the act of offering, breaking bread, and sharing in Christ's life, death,

and resurrection. It also reminds us that we are Christ's body

in our world today. As Episcopalians, the Eucharist is the principal act of worship, in which

we always have a full proclamation of the

heart of the Gospel.

is something we do together, so we all take

part in the prayers.

Celebrating Eucharist

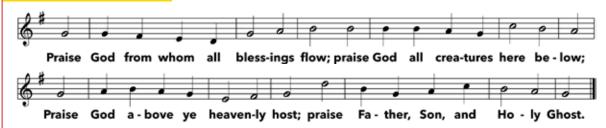
radiates God's grace, equipping all people to change the world.

June 23, 2024

#### THE HOLY COMMUNION

The people stand, as they are able.

#### **OFFERTORY HYMN**



#### THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

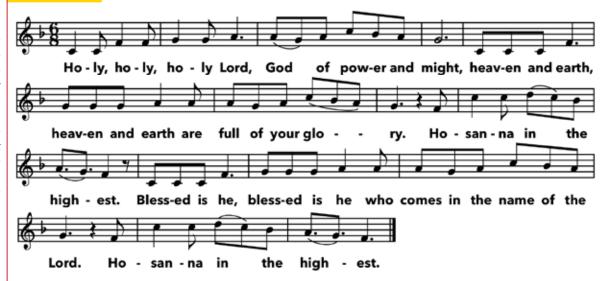
It is right to give God thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give you thanks and praise; through Jesus Christ our Lord. In fulfillment of his true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations.

Therefore with the apostles and prophets and all the saints, we praise your name and join their unending hymn:

The Sanctus (holy, holy, holy) recalls the words of the prophet Isaiah, overwhelmed by the presence of God in the sanctuary, and these words were sung by the people as Jesus entered Jerusalem on Palm Sunday. The Sanctus reminds us that this is an offering of the whole creation, which joins in singing these praises.

#### SANCTUS





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Holy God, holy and mighty, holy and immortal: You we praise and glorify, you we worship and adore. You formed the earth from chaos; you encircled the globe with breath; you created fire for warmth and light; you nourish the lands with water. You molded us in your image, and with mercy, higher than the mountains, with grace deeper than the seas, you blessed the Israelites and cherished them as your own. That also we who are Gentiles, estranged and dying, might be adopted to live in your Spirit, you called to us through the life and death of Jesus.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me. Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me. Together as the Body of Christ, we proclaim the Lord's death until he comes:

Christ has died. Christ is risen. Christ will come again.

With this bread and cup we remember your Son, the first-born of your new creation. We remember his life lived for others, and his death and resurrection, which renews the face of the earth. We await his coming, when, with the world made perfect through your Wisdom, all our sins and sorrows will be no more.

Holy God, holy and merciful, holy and compassionate, send upon us and this meal your Holy Spirit, whose breath revives us for life, whose fire rouses us to love. Enfold in your arms all who shared this holy food. Nurture in us the fruits of the Spirit, that we may be a living vine, sharing your bounty with all the world. Holy and benevolent God, receive our praise and petitions, as Jesus received the cry of the needy, and (+) fill us with your blessing, until, needy no longer and bound to you in love, we feast for ever in the triumph of the Lamb: through whom all glory and honor is yours, O God, O Living One, with the Holy Spirit, in your holy church, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Great Amen is the only word in our Book of Common Prayer that is in all capital letters. It emphasizes that we all join together in asking Jesus to be present in the bread and wine, in boldly affirming our desire to receive God. It is appropriate to say this with enthusiasm!

The Lord's Prayer is the prayer that Jesus gave to his followers when they asked him to teach them to pray. It links our daily bread to the spiritual food we receive in the Eucharist.

#### The Fraction recalls Jesus breaking the bread at the Last Supper to share with the disciples, and reminds us that Jesus' body was broken on the cross for us to be shared with the world. Therefore we keep a moment of silence for prayers of awe and gratitude.

#### **BREAKING OF THE BREAD**

The Presider breaks the consecrated Bread.





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#### **RECEIVING COMMUNION**

**Where To Go:** Please join the line closest to you to receive Communion. When you get to the front, fill in along the rail, from left to right. You are welcome to stand or kneel.

**Receiving:** Hold out your hands to receive bread. Then indicate to the other ministers if you would like wine from the shared chalice or an individual cup. Used cups may be placed on the stand nearest you.

**Gluten-free Option:** Please ask for a gluten-free wafer from the priest when they come to you. **Non-alcoholic Option:** Please ask for juice from the minister holding the tray of cups. You also

**Not Receiving:** If you will not be receiving Communion, you are invited to come forward for a blessing. Please join your line and cross your arms over your chest when you get to the front.

have the option to take only the bread to receive Communion.

For those worshipping remotely, you may read the Prayer for Spiritual Communion: In union, gracious God, with your faithful people at every altar of your Church where the Holy Eucharist is now being celebrated, we offer to you praise and thanksgiving. We remember your death, O Christ; we proclaim your resurrection; we await your coming in glory. Since we cannot receive you today in the Sacrament of your Body and Blood, we beseech you to come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

The Prayer for Spiritual Communion articulates a hunger for unity with Jesus Christ when you cannot physically receive the Body and Blood of Christ. This prayer connects the one(s) praying with the reception of Holy Communion. Those worshipping online are invited to say this prayer as those onsite receive Communion.

#### **COMMUNION ANTHEM**

"Storm" by Jason Wade from Lifehouse

How long have I been in this storm, so overwhelmed by the ocean's shapeless form? Water's getting harder to tread with these waves crashing over my head. If I could just see you, everything would be alright. If I'd see you, this darkness would turn to light. And I would walk on water, and you would catch me if I fall. And I would get lost into your eyes. I know everything will be alright. I know you didn't bring me out here to drown, so why am I ten feet under and upside-down? Barely surviving has become my purpose, 'cause I'm so used to living underneath the surface.

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love have stood. gra - ti - tude.

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After Communion, we give thanks for being part of the communion of God's life and for being fed so that we may go out to feed and serve others in our world.

#### **POST-COMMUNION PRAYER**

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Let us pray.

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The people stand, as they are able.

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God of abundance,

you have fed us with the bread of life and cup of salvation;

lost and

you have united us with Christ and one another;

and you have made us one with all your people in heaven and on earth.

Now send us forth in the power of your Spirit,

that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

The people sit.

#### **ANNOUNCEMENTS**

The people stand, as they are able.

One of the roles of the priest is to declare the eternal truth of God's ever-present blessing to God's people.

#### **BLESSING**

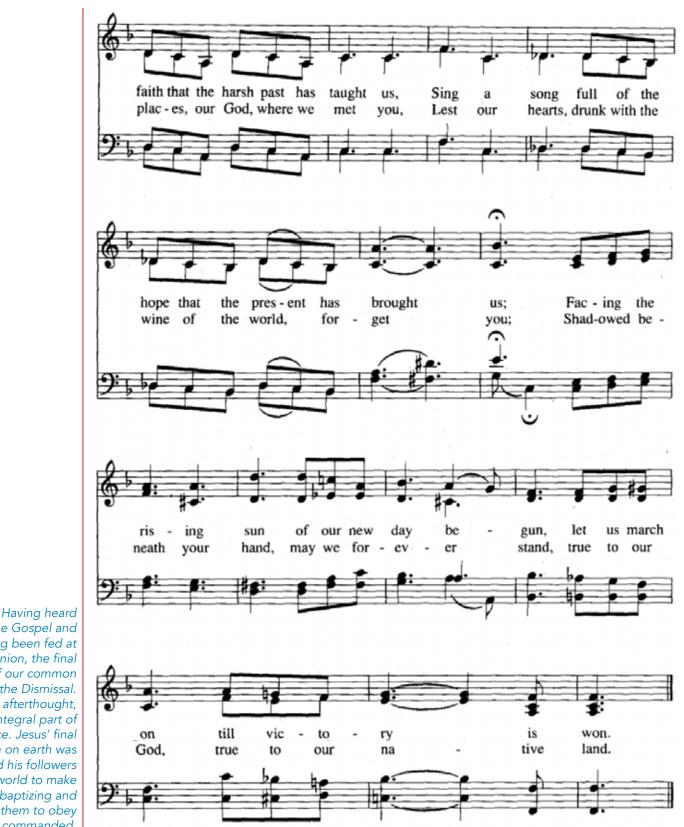
The grace of our Savior Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you and everyone who loves you now and for ever. **Amen.** 







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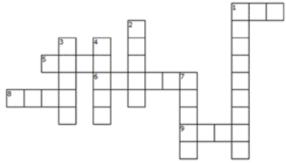
the Gospel and having been fed at communion, the final act of our common worship is the Dismissal. It is not an afterthought, but an integral part of the service. Jesus' final action on earth was to send his followers into the world to make disciples, baptizing and teaching them to obey all he had commanded. And so we are sent out into the world to proclaim the Good News and be Christ's hands and feet on earth.

The Priest or Deacon dismisses the people, and the people respond,

Thanks be to God.



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#### **ACROSS**

- A period of twenty-four hours
- A body of water that is surrounded by land
- 6. To have a feeling of fear
- A relatively small craft which travels on water
- A raised movement of water rolling across the surface of the sea

#### DOWN

- 1. The original followers of Jesus
- A violent weather condition with strong winds and heavy rain
- A high degree of trust or confidence in someone
- 4. To be calm, without much activity
- To die by being under water and unable to breathe



Jesus woke up, he rebuked the ind and said to the waves, "Silence! Be still!"

Mark 4:39a (NLT)



JESUS CALMS A 1 2 3 4 5

PEACE	STORM	DAY	DROWN	AFRAID	
DISCIPLES	LAKE	BOAT	WAVE	FAITH	

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2.	17	7-7-1	4-8	3																					-
3.	13	3-8-7	-6-	16	_							_													_
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DISCIPLES	SILENCE	WOKE	EVENING	FAITH
WATER	AFRAID	LAKE	BOAT	OBEY
JESUS	CALM	CUSHION	WAVES	WIND
DROWN	HEAD	SLEEPING	STORM	STILL



The Fifth Sunday after Pentecost ST. GREGORY'S EPISCOPAL CHURCH radiates God's grace, equipping all people to change the world. June 23, 2024

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#### COMING UP...

Immediately following the service today: Town Hall on Children & Youth

The Rector Discernment Committee is pleased to announce the availability of the Congregational

The Children & Youth Taskforce will be unveiling our new programming for the fall. Everyone, not just parents, are encouraged to attend, so that we can support these important ministries as a whole community. Childcare and food will be provided during the meeting. brunch

Also following the service: Coffee Brunch

During the Town Hall enjoy a delicious coffee brunch with food, drink, and fellowship! If you'd like to host a coffee brunch in the summer, please sign up via the sheet in the Sign-Up Center or contact Debbie or Sharon if you have questions. 😱 Debbie at debbie kinjo@gmail.com or Sharon at slgramer@comcast.net

At noon: Community Meals

Thank you to all those who volunteered to help with the Sunday, June 23rd Community Meals program. Our next opportunities to serve are July 28th and August 25th. Please sign up on the signup sheet or contact Barb directly. **2** Barb: bschaper7@aol.com or (847)948-8989

#### **Rector Discernment Committee:**

#### Congregational Assessment survey is now live!

Assessment Tool (CAT) for our faith community. The CAT survey tool will help the committee, vestry, wardens, and Dan understand parishioner experiences and desires at St. Gregory's and will inform our discernment work. We invite everyone who is a member of St. Gregory's to complete the CAT survey. Our hope is that all individuals, aged middleschool and up, will complete the survey during the month of June. The survey is open now and will close IN ONE WEEK on June 30th.

The CAT survey contains 97 questions. Most people will need 30-45 minutes to thoughtfully complete the survey. There is not an option to save a partially-completed survey and complete it at a later time. Please plan to complete the survey in a single session. While taking the survey, you may return to previous questions to adjust your answers if needed. All survey responses are strictly anonymous. We have no way of matching any response to a particular person, so please be candid as you share your perceptions, opinions and experiences. Our future together is dependent on your participation and honest answers.



■ The survey can be accessed via the QR code at left. If you wish to complete the survey via paper form, please stop by the church office to pick up a copy along with an envelope for return mailing. All paper surveys must be received by Thursday, June 27, 2024. If you have any questions concerning the CAT or the rector discernment process, please contact LoriLee Bielski or Jon Dutcher, committee co-chairs.

